

## **“The Happy Man”**

Intro 1) Reading in Psalm 1- Preamble to whole collection.

2) Really like that chapter

3) Hung up on word – “blessed” means “happy”

4) Thought – what makes me happy?

a) Environment – Something to do with it

b) Security – Something to do with it

c) Productivity – Is important

These three subjects are treated in the 1<sup>st</sup> Psalm.

5) All of us like to be happy, don't we? One of the “unalienable rights”-  
Life – Liberty – Pursuit of Happiness

Thus

David's subject is the Preamble to the Psalms.

6) Let us notice three characteristics of a Happy Man . . .

I. The Happy Man carefully selects his environment.

A. He does not seek advice from the Ungodly.

1. Every one has problems – where go for advice?

2. If be happy – seek not advice from wicked.

a. Having marriage problems –  
Don't go to someone in same state

b. Having parent problems –  
Don't go to one who left home

c. Go to one who is happy at home – in marriage, in job

B. He does not participate in sinful activities.

1. Is this a fair statement? – “Happiness is in proportion to purity.”

- a. Oversimplified, but often true
  - b. Seem happiest when close to God
2. Is. 59:2 – Sin separates us from God
  3. The conscience is important to happiness
    - Jas. 4:17 – “Knowest to do good and do not – Sin.”
    - Rom. 14:23 – “What is not of faith is sin.”
  4. If something makes you feel uneasy – avoid – you will be much happier.
- C. He will not be overtaken in sin.
1. Paul said sin is everlasting. “But thanks be to God that whereas ye were servants of sin, ye became obedient from the heart to that form of teaching where unto ye were delivered and being made free from sin, ye became servants of righteousness.” (Rom. 6:17-18) (Will serve something.)
  2. Happiness found in freedom of choice.
    - Righteousness is a choice.
    - a. Sin does not always offer that choice
    - b. Sin is addicting. (Can’t help but . . .)
      - 1) Go after another dollar
      - 2) Take another drug
      - 3) Chase another woman
    - c. Sin is a lifestyle – as surely as is righteousness – AND . . .
  3. “Way of a transgressor is hard.”
- II. The Happy Man abides in the Word of God. (vs. 2)
- A. Where is your security? (What if someone rushed up to you and said, “You’re in trouble.” You say, “Whatever it is, I can get out of this because I have security in . . .”

1. In bank?
  2. In your talents?
  3. In your health?
- B. If so, you will be unhappy because these are insecurities – all can be taken away.
- C. “But (His) delight is in the Law of the Lord.”

Listen:

Psalms 3:5-6

8:3-4

37:25

46:1

56:11

103:8-14

God’s Word describes security which can never be taken away.

- D. Psalms 1:2 – “On his law he meditates day and night.”  
See how this meditation would make one happy?
- III. The Happy Man bears his own fruit. (vs. 3)
- A. Much of happiness is psychological.
1. Just as man is unhappy when:
    - a. He is in sin
    - b. He is insecure
  2. Man is unhappy when he feels no value
  3. Young people take lives when feel no identity.  
Old people lose their minds when feel no usefulness.
- B. Not so for a Christian bears fruit.
1. Good deeds – Like Jesus
  2. Feel happy regarding self
- C. Many do good works who are not Christians. Difference is – Christian is:

1. A tree "planted" by God – Rom. 6:5
2. A tree "watered" by Christ – Jn. 4:13-14

D. And all he does will prosper

Concl. 1) Happiness is not in the world. But, in Christ we have:  
True security  
True release from sin  
True expression of goodness

- 2) Secret of happiness only in God's Word.
- 3) To be happy – must place self in the keeping of God.